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www.airborne-gymnastics.com

Airborne Gymnastics welcomes you to a positive and enriching year-round program, which can be entered at any time of year for recreational and competitive gymnasts.

Our program is based on a 4-week month. A credit card (Visa or Mastercard) on file is required for all accounts. Tuition is processed on the 1st of each month. If payment has not been received by the 10th, a \$10 late fee will be added to your account. Families with two or more children enrolled in our program will receive a 5% discount on total tuition when paying for a full month.

A non-refundable fee of \$50 is due for each child attending classes for the registration. This fee also covers secondary insurance and will pay all fees not covered by your primary policy. This fee is due annually and is renewed every year on the anniversary of your enrollment.

In-person make-ups for missed classes are available. In-person "Special Make-up" sessions are only offered to students who miss their 4th class in the month due to Airborne's Holiday Closures. These make-up sessions can be scheduled only on designated Special Make-up Dates. If your family misses a class, make-ups can be completed through our Zoom program. All Zoom classes are live, instructor-led, and will be catered to the students scheduled on that date. Your child must currently be enrolled at Airborne to schedule and complete make-up sessions. Pre-Team, Xcel, and Team groups are not offered make-ups.

### PRE-SCHOOL CLASSES (for boys and girls)

**BABY CLASS** (Up to 12 months) · 30 minute class · FREE

THURSDAY 9:25 AM

**DIAPER DYNOS** (Crawlers to 2 1/2) · 40 min classes · \$86/month for 2 classes/wk

This class is tailored to the development of toddlers and aims to improve their motor skills through activities such as running, jumping, rolling, and climbing. During the structured portion of the class, children also have the opportunity to learn socialization skills like making new friends, taking turns, and following instructions from the instructor during the open play time. For the entire duration of the class, one adult must accompany the child to help them learn and practice their new skills.

MONDAY & WEDNESDAY 9:15 AM 10:15 AM 11:15 AM TUESDAY & THURSDAY 10:15 AM

**MINIMIGHTS** (2 1/2 - 3 1/2 yrs) 40-min classes · \$96/month for 1x/wk · \$177.60/month for 2x/wk · \$254.40/month for 3x/wk

Your instructor will guide you and your toddler through our uniquely formatted class. This class helps develop motor skills, spatial awareness, and body coordination as well as facilitates the process of interacting with other children while having fun on our pre-school-friendly gymnastics equipment. Students in this class will begin learning the basic fundamentals of gymnastics such as walking on a balance beam, swinging on a bar, and rolling down a mat. One adult must accompany the child throughout the entire class to assist them in learning their new skills.

MONDAY 9:00 AM 10:00 AM 5:45 PM  
TUESDAY 9:15 AM 11:10 AM 4:30 PM  
WEDNESDAY 10:00 AM 4:15 PM 5:45 PM 6:35 PM  
THURSDAY 10:00 AM 11:10 AM 5:00 PM 6:00 PM  
FRIDAY 10:30 AM 5:30PM 6:15 PM  
SATURDAY 9:30 AM 10:00 AM 11:00 AM 12:45 PM 1:30 PM

**DYNAMIGHTS** (3 1/2 - 5 1/2 yrs) 40-min classes · \$106/month for 1x/wk · \$196.10/month for 2x/wk · \$280.90/month for 3x/wk

Your preschooler will experience class structure independently with our instructors in a safe, colorful and fun environment that develops motor skills, body coordination, and self-confidence. Your child will be learning the most fundamental gymnastic skills such as walking on a balance beam, jumping on a trampoline, and rolling from our trained instructors without the assistance of a parent/guardian.

MONDAY 11:00 AM 3:00PM 4:00 PM 5:00 PM 5:15PM 6:00 PM 6:45 PM  
TUESDAY 10:00 AM 11:00 AM 2:00 PM 4:00 PM 4:45 PM 5:00 PM 6:00 PM 6:45 PM 7:20 PM  
WEDNESDAY 9:30 AM 11:00 AM 2:00 PM 4:00 PM 4:45 PM 5:05 PM 6:30 PM 7:15 PM  
THURSDAY 11:00 AM 4:00 PM 4:15 PM 4:45 PM 5:45 PM 6:45 PM 7:20 PM  
FRIDAY 11:15 AM 4:15 PM 5:00 PM 5:45 PM 6:00 PM 6:15 PM 6:45 PM 7:00 PM  
SATURDAY 9:00 AM 9:15 AM 9:45 AM 10:15 AM 10:45 AM 11:00 AM 11:30 AM 12:15 PM 1:10 PM 2:45 PM 3:30 PM

**DYNAMOS** (5 ½ - 7 yrs) 55-minute classes · \$114/month for 1x/wk · \$210.90/month for 2x/wk · \$302.10/month for 3x/wk

Students at this level will begin to acquire more strength, coordination, and flexibility through the use of traditional gymnastics equipment. Students will begin learning the foundational skills for gymnastics on floor, bars, trampoline, vault, and balance beam.

MONDAY	3:00 PM	4:00 PM	4:30 PM	5:30 PM	6:00 PM	6:30 PM	7:30 PM
TUESDAY	3:15 PM	5:15 PM	5:45 PM				
WEDNESDAY	3:00 PM	3:15 PM	4:45 PM	5:30 PM	7:30 PM		
THURSDAY	3:30 PM	4:30 PM	5:30 PM				
FRIDAY	3:15 PM	4:00 PM	4:15 PM	4:30 PM	5:15 PM	6:45 PM	
SATURDAY	9:00 AM	9:15 AM	10:15 AM	11:00 AM	1:00PM	2:30 PM	4:00 PM
SUNDAY	11:45 AM						

**GIRLS GYMNASTICS** 75-minute classes · \$143/month for 1x/wk · \$264.55/month for 2x/wk · \$378.95/month for 3x/wk

**BEGINNING** (7 yrs and up)

Girls are introduced to the full spectrum of gymnastics through all gymnastics apparatus. Students will learn the fundamental skills for gymnastics such as handstands, cartwheels, forward and backward rolls on floor, pullover on bars, various jumps on the trampoline and basics walks on the balance beam. Students will be promoted to the next level when the gymnast achieves the necessary skills.

MONDAY	3:00 PM	5:00 PM	5:45 PM	6:15 PM	7:00 PM	7:15 PM	7:30 PM
TUESDAY	3:00 PM	5:15 PM	5:30 PM	7:00 PM	7:15 PM		
WEDNESDAY	3:00 PM	3:15 PM	4:00 PM	4:30 PM	6:15 PM	6:30 PM	6:45 PM 7:00 PM
THURSDAY	3:00 PM	3:45 PM	4:00 PM	5:15 PM	6:30 PM	6:45 PM	7:00 PM 7:15 PM
FRIDAY	3:00 PM	4:00 PM	5:15 PM	5:30 PM	7:30 PM		
SATURDAY	9:00 AM	9:30 AM	10:00 AM	11:15 AM	11:45 AM	1:00 PM	1:30 PM 2:30 PM 3:45 PM
SUNDAY	12:00 PM	1:30 PM					

**INTERMEDIATE** (7 yrs and up)

Girls advance to this level after mastering the skills in beginning gymnastics level. Skills learned in this level will include the round-off and handspring on floor, front flip, handstand on balance beam, back hip circle on bars, and vaulting. Students will be promoted to the next level when the gymnast achieves the necessary skills.

MONDAY	3:00 PM	3:45 PM	4:00 PM	6:30 PM	7:30 PM
TUESDAY	4:15 PM	4:30 PM	7:00 PM	7:30 PM	
WEDNESDAY	3:45 PM	5:15 PM	5:30 PM		
THURSDAY	3:30 PM	5:00 PM	6:45 PM		
FRIDAY	4:15 PM	7:00 PM			
SATURDAY	11:30 AM	12:15PM	2:30 PM		

**ADVANCED** (7 yrs and up)

Girls advance to this level after mastering the skills in the intermediate gymnastics level. Skills in this level will include a cartwheel on high beam, front hip circle on bars, and front handspring on floor in addition to somersaulting on the trampoline. Students in this level will continue to enhance their gymnastics skills through this level.

MONDAY	5:15 PM	7:30 PM	TUESDAY	7:00 PM	WEDNESDAY	4:15 PM	THURSDAY	5:15 PM
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**BOYS GYMNASTICS**

**DYNAMOS** (5 ½ - 7 yrs) 55-minute classes · \$114/month for 1x/wk · \$210.90/month for 2x/wk · \$302.10/month for 3x/wk

Boys will progress at this level to acquire strength, coordination, and flexibility through the use of traditional boys' gymnastics equipment. Students will begin learning the foundational skills for gymnastics on floor, bars, trampoline, vault, rings, and parallel bars.

MONDAY 4:15 PM

**BEGINNING** (7 yrs and up) · 75 minute classes · \$143/month for 1x/wk · \$264.55/month for 2x/wk ·

Boys are introduced to the full spectrum of boys' gymnastics through all apparatuses. Students will learn the fundamental skills for gymnastics such as handstands, cartwheels, forward and backward rolls on floor, pullover on bars, various jumps on the trampoline in addition to skills on the rings and parallel bars.

MONDAY	3:00 PM	TUESDAY	3:45 PM	FRIDAY	5:30 PM
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**YOUTH TUMBLING & TRAMPOLINE**

**TUMBLING & TRAMPOLINE** (7 yrs and up) · \$143/month for 1x/wk · \$264.55/month for 2x/wk ·

Students focus specifically on tumbling and trampoline skills. A great compliment to cheerleading, dance, and karate!

WEDNESDAY	5:30 PM	THURSDAY	6:45 PM
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