

GUEST FAQs

Can I bring a gift for the birthday party child?

Yes, we will have a place for gifts to be held for the birthday party family.

How do I fill out the waiver?

Your party host will send guests the link to the waiver to be completed prior to the party. This waiver must be completed before children can participate in the party activities.

Can all my children participate?

Invitations generally specify the invited child's name. To avoid confusion, please contact your party host to clarify your family's invitation.

Can I take photos and videos during the party?

Yes, you can take photos and videos during the party. However, please be mindful of other guests. **Flash photography is prohibited.**

Can both parents attend? Can I drop off my child?

Due to limited space, only one adult per child is recommended. Drop-off is permitted for children who are comfortable attending without a parent. Please inform your host and coach if you plan to drop off your child.

What is the party format? Do you have a sample schedule?

15 minutes before party start time: Arrive early to fill out the waiver and check in at our front desk.

Party Start Time - 55 minutes in the Gym: Enjoy guided activities with our coaches.

Last 35 minutes - Drinks, Food, & Cake: Celebrate in the reserved party space! Our coaches will assist with serving and cleanup.

Please note that our gym is a shared space. Other classes may be in session. Our coaches will lead your group and ensure a smooth experience.

Important Rules

Attire: Comfortable athletic attire like leotards, shorts, and t-shirts. Long hair should be tied back. No shoes, socks, tights, belts, or dangling jewelry. Children should be barefoot.

No Adults on Equipment: For safety, adults cannot use gym equipment, though they may be on the floor for photos.

Party Room Time: Kindly vacate the party room when your time ends to accommodate the next group. Note: Gym equipment access ends after the 55-min activity time.

